Virtual Taste of Mission — Sponsor Spotlight

On Saturday, October 10, we held a Virtual Taste of Mission. This event would not have been possible without the generosity of our sponsors. Thank you!

Mission Champion:  
_Beechmont Automotive Group_ and the Woeste Family

Mission Advocates:  
_Sisters of Charity_  
_Mercy Health_

And don't worry if you were unable to join us for the live event. You can watch the virtual event [here](#). All of videos shared within the virtual event are also available on our [YouTube](#) channel.

---

**St. Daniel Comboni Prayer**

God of all people, your Spirit of holiness made St. Daniel Comboni a living image of your love for the poor and oppressed. Help us to follow St. Daniel more deeply into his missionary charism.

Enkindle in our hearts the certainty of your call to preach the Good News in word and deed. May our lives be true answers to your love, filled with courageous acts of solidarity with the brothers and sisters you place on our paths, so that your Kingdom may shine in a world awaiting justice, love and peace. Amen.
Daniel Comboni, born in Limone, Italy, in 1831, knew at an early age that he would be a priest and missionary. His love was Africa, and in 1854, when God called him there, Daniel answered with all his heart and soul.

St. Daniel devised a Plan not just to bring the Gospel to people who never heard it but also to prepare Africans to evangelize their own people — a revolutionary idea for his time. His motto, "Save Africa with Africa," captures the essence of the trust he had in the African peoples.

Named the first bishop of Central Africa in 1877, St. Daniel continued his faithful ministry until, at the age of 50, worn out and plagued by fever, he died.

During his ministry, St. Daniel founded the Comboni Missionaries and Comboni Missionary Sisters, who today carry out our founder’s charism across Africa, Europe, Asia, and the Americas. St. Daniel Comboni was canonized in 2003 and remains an inspiration to all who have a heart for mission. We celebrate his feast day every October 10.

Comboni Missionaries in Ethiopia

Click on the image below to learn more about our work in Ethiopia.

Mission Month Activity:
Discover Africa

When St. Daniel Comboni left his home in Italy for Africa, he followed the Nile
River. After many setbacks, he finally arrived in Sudan.

Today, the Comboni Missionaries serve in 17 African countries, and 42 total countries around the world.

Here are some fun facts about Africa:
- There are 54 countries in Africa and 9 territories.
- More than 1.1 billion people live on the continent, which is 15% of the world's total population.
- The Nile is the longest river in the world, passing through 11 countries.
- It is estimated that about 2,000 languages are spoken on the continent of Africa.

Color in this map of Africa and see how many countries you can identify. This map shows the countries where the Comboni Missionaries serve.

---

**Food for Thought — and Your Tummy:**

**Cassava**

Cassava is a tuber plant grown throughout the world. It is native to Brazil, but was brought to Africa and Asia several hundred years ago. Cassava's tuber roots, which look similar to a sweet potato, are rich in carbohydrates. The leaves provide about the same amount of protein as an egg. The crop can be turned into high-quality starch, flour, and animal feed.

Because of its tolerance to drought and resistance to locusts, cassava has quickly taken over as a staple crop in nearly 40 African countries. It is easy to grow and provides essential food and income for millions of families.

**Fun Facts about cassava:**
- About half the world production of cassava is cultivated in 40 African countries.
- It is often called yuca (pronounced joo-ca) in Spanish America and the United States.
- Extracted cassava starch is called tapioca. Tapioca is used for food, animal feed, and industrial purposes.
- Cassava was likely domesticated nearly 10,000 years ago.
- Cassava is a major food staple in the developing world, providing a basic diet for more than half a billion people.
- Nigeria is the world's largest producer of cassava.
Cassava Leaf Soup *or* Saka Saka

**Ingredients**
- red palm oil (or oil of your choosing)
- 1 large onion, chopped
- 1 lb beef (cut in bite-size pieces)
- 3 lbs cassava leaves (can be found frozen)
- 4-5 tbsp peanut butter
- 1 tbsp chicken bouillon
- salt and pepper
- red pepper sauce *or* if you're feeling adventurous, use some peri-peri (the spicier the better!)
- smoked fish, or meat of your choosing

In a large saucepan, season meat with salt, chicken bouillon, and onions. Boil until tender, depending on the choice of meat. You should have at least 1 to 2 cups of stock. Remove the meat and beef stock, reserve.

Heat oil in a large saucepan over medium heat. Add onions and meat. Sauté until fragrant; about 1 to 2 minutes. Add smoked fish.

Stir in peanut butter, then add 1 cup of reserved stock. Cook another 5 minutes.

Adjust seasoning to taste and serve warm over rice.

Can be prepared with any meat or fish. Most African countries use dry fish (smoked fish) in their soups for added flavor.

Try it with a side of mango. This fruit is a favorite for many of our missionaries. Father Joe Bragotti says the best mangoes come fresh from the trees in Uganda (he may be biased though).

Image and recipe (slightly modified) courtesy of [African Bites](https://www.africanbites.com).
Raffle Baskets
Help support this year’s Taste of Mission by purchasing tickets for raffle baskets! A suggested donation of $2 per ticket or $30 for 18 tickets will help support the Comboni Missionaries work in the United States and around the world. Must pick up in Cincinnati.

Purchase your tickets for the raffle baskets here.

Mission Market (now online!)
We know so many of you love to shop for gifts at our beautiful Mission Market. Since you can’t shop in person this year, we’ve decided to move the market online! You can now shop for items in our new Ebay store. There are lovely handcrafted ornaments, Nativity sets and more!